Please return this registration form and the \$65 registration fee by **April 15, 2019** to assure that T-shirts will be done on time. **Payments can be made to Monsignor McCoy High School** through SchoolCash or by cash or cheque. Registration forms can be dropped off or mailed to:

Monsignor McCoy High School C/O: Skills and Drills Baseball/Softball Camp 202 8th Street NE Medicine Hat, AB T1A 5R6

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(First)		_ (Last)		
Age as of April	30, 2018 _		-	
Circle one:	Baseball	Softball		
Parents' Names:				
Phone:				

#### Consent/Waiver

Dlaver's Name

I do hereby give consent for my child, \_\_\_\_\_\_\_\_ to participate in the 2019 Skills and Drills Camp. I do understand that injuries can happen in athletics and I will not hold Swanny's Baseball & Training, Monsignor McCoy High School, MHCBE, any associated organizations, or instructors liable for any injury that may occur.

Parent Signature	
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# T-shirt - Please circle size: YOUTH general Sizing Guide

Size	xs	s	М	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"35"
Waist	22.5"-23.5"	23"-24.5"	24.5"-25.5"	25.5"-27"	27"-29"

#### **ADULT general Sizing Guide**

Size	XS	s	М	L	XL
Chest	30"-32"	34"-36"	38"-40"	42"-44"	46"48"
Waist	26"-29"	29"-32"	32"-35"	35"-38"	38"-41"

## **Equipment Needed**

Each player must have a glove, helmet, running shoes, and wear a protective cup. Please make sure all personal equipment is clearly marked with the player's name, as Monsignor McCoy High School will not assume responsibility for lost items.

### <u>Cost</u>

<u>Cost is \$65 per player</u> and includes 3 days of instruction, a camp T-shirt, and a meal (pizza) on the last day of the camp.

### **Daily Schedule**

9:00 - 10:30 - 5 - 6 year olds

10:45 - 12:15 - 7 - 8 year olds

12:45 - 2:15 - 9 - 10 year olds

2:30 - 4:00 - 11 - 14 year olds

Campers are accepted and registered in the appropriate age group once the registration form and fee are received by Monsignor McCoy High School, unless otherwise notified.

Dates, Locations & Times will be posted following registration https://www.mccoyhighschool.ca/



202 8th Street NE Medicine Hat. AB

Phone: 403 527-8161 Fax: 403 527-8209 Email: paul.bauche@mhcbe.ab.ca



Skills and Drills Baseball & Softball
Camp Hosted by
Monsignor McCoy High School &
Swanny's Baseball & Training

April 23, 24, 25, 2019

Phone: 403 527-8161 Fax: 403 527-8209

Email: paul.bauche@mhcbe.ab.ca

# Skills and Drills Baseball and Softball Camp

Monsignor McCoy High School in partnership with Swanny's Baseball Training facility will be hosting a 2019 Skills and Drills Baseball/Softball Camp on April 23, 24, 25, 2019. Monsignor McCoy High school is located in Crescent Heights at 202 8th Street NE. This camp is open to all boys and girls who already play, who want to learn to play or who want to enhance their skills in baseball or softball, open to ages 5 to 14.

"Skills and Drills" is aimed at teaching the basic fundamentals to young baseball players and softball players. The following skill areas will be taught in baseball and softball:

- throwing/catching
- hitting
- pitching
- fielding infielders, outfielders, catchers
- base running
- bunting





## **Camp Organizer/Instructor**

### Kyle Swannack

- Played four years of College Baseball at Bellevue College and Washington State University.
- Member of 2011 North Region MVP and First Team All-American pitcher.
- Coached at many levels including Washington State University, Tacoma Community College, Central Washington University and four years with the Medicine Hat Mavericks.
- Masters Degree in Phychology with Emphasis in Sports & Performance Psychology.
- Co-owner of Swanny's Baseball and Training Facility in Medicine Hat.
- Notre Dame Baseball/Softball Academy Instructor since 2018.
- Monsignor McCoy High School Baseball Academy Instructor starting September 2019.
- Monsignor McCoy High School baseball players will assist Kyle Swannack with instruction.

## **Facilities**

Camp locations will be held at Monsignor McCoy High School gymnasiums, sports fields and Swanny's Baseball and Training facility.

• Monsignor McCoy High School: 202 8 Street NE

Swanny's Baseball: 964C 23 Street SW

Skills and Drills
Baseball & Softball
Camp

April 23, 24, 25, 2019
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High School



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