

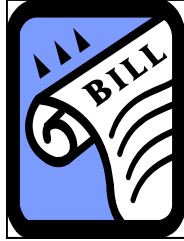


October 2009 Newsletter

202 - 8th Street NE Medicine Hat, AB T1A 5R6
Website: www.mccoyhighschool.ca

Tel: (403) 527-8161 Fax: (403) 527-8209
24 hr attendance Line 526-4349

McCoy High School



SCHOOL FEES *Thank you to all who have paid their school fees.* Parents, if you have not yet paid your child's school fees, please do so asap or call the McCoy office to make arrangements for payment. Fee payments can be made at the school office by cash, cheque, or VISA. Parents/guardians must clear up school fees promptly. If you have any concerns, please contact McCoy Administration at 527-8161.

Parent-Teacher Interviews - All Parents/Guardians are invited to Parent-Teacher Interviews to be held on Wednesday, October 28 and Thursday, October 29, 2009 from 5:00 - 8:00 pm. Progress Reports will be sent home with students on Wednesday, October 14 and Thursday, October 15, 2009.

McCoy Band Parents' Meeting - Thursday, October 22 at 7:00 pm @ McCoy

Academic Awards Night - Monday, October 26 at 7:00 pm @ McCoy High School

ELAA Post Secondary Evening - Tuesday, October 27 at 7:00 pm @ McCoy

McCoy Monthly Newsletter

Please subscribe to our school newsletter on the McCoy website www.mccoyhighschool.ca to keep up-to-date on what is happening around our school. Hard copies will be available for pick up at the front office window counter. Parents/guardians and/or students can pick up a hard copy at the beginning of each month.

Yearbooks - 2009-2010 yearbooks can be purchased for \$39. RESERVE YOUR COPY TODAY. There will be a number of 2008-2009 yearbooks which will be available for purchase for \$37. (Available on a first come, first served basis at the front office.) Mr. Immel is looking for students to assist in the production of this year's yearbook. If photography, graphic design, or desktop publishing interest you, please see Mr. Immel for more info.

Cosmetology Trip

SUNDAY, OCTOBER 5th

- ◆ Depart McCoy High School @ 8:00 am
- ◆ Convention Centre @ 11:00 am
- ◆ Holiday Inn Express & Suites South @ 4:00 pm

MONDAY, OCTOBER 6th

- ◆ Depart hotel @ 10:00am to Convention Centre
- ◆ Pick up at the Convention Centre @ 1:00pm
- ◆ Drop off at Chinook Shopping Centre
- ◆ Depart Chinook Shopping Centre @ 3:30pm and head home to Medicine Hat

Upon arrival back home a phone will not be available, so ensure a ride is waiting.



Does the school have your correct address and phone number? In the past year, we've had more than one incident when we have had to contact a parent for an emergency situation, only discovering that the information we have on file is not correct. In case of emergency, it is imperative that we are able to reach you or your emergency contact. Please contact the school and inform us of any changes in your address, home phone, cell phone or work phone numbers. Your cooperation is greatly appreciated.

Student Services (Counsellors: Mr. Hendricks & Mrs. Richard)

Student Services are available to all students for the purpose of facilitating learning that results in intellectual, social, emotional, spiritual and physical growth. The following counselling services are available:

- (1) Academic Advising
- (2) Personal Referral Counselling
- (3) Career Planning

Grade 12

Post-secondary Scholarship info is available in the counselors office.
For graduation requirements see Mr. Hendricks.

School Resource Officer

City of Medicine Hat Police Officer Const. Armstrong is available to assist in classes, to provide confidential consults to students and staff and to serve as a liaison between the local police force, school and community.

School Nurse

Mrs. Heather Roberts is available to assist and inform students and staff of current health issues and trends on a referral basis.

Mental Health

Miss Lillian Murphy is at McCoy one day per week (Wednesday) providing confidential support to students through a counsellor referral. She consults with students dealing with a variety of emotional and mental health issues.

AADAC

An AADAC counsellor, Ms. Jessica Nixon, is at McCoy one day per week providing counselling and support in relation with drug and alcohol issues.

McCoy Administration

Administrators have the following responsibilities:

Mr. Pudwell (Principal)	Overlooking grade 12 students
Mr. Wilkinson (Vice Principal)	Students with last names beginning with M to Z
Mrs. Bodnaruk (Vice Principal)	Students with last names beginning with A to L



Reminder to students and parents that cell phones are not allowed to be used in the school.
Students are asked to turn their cell phones off upon entering the school.

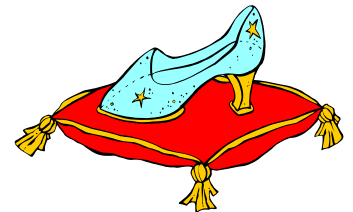
McCoy High School Proudly Presents - Cinderella by Rodgers and Hammerstein

Dates: February 25 and 26, 2010 at the Esplanade

Auditions will be held for all who are interested in grades 9 through 12 on October 6th and 7th at 3:00 in the drama room. Students in grades 10 through 12 can earn up to 5 credits for participation in this production.

For more information contact Mrs McLester or Mrs Bodnaruk

Hope to see you all there!



Hof's Hut

Open for lunch

Monday - Thursday	Hot Lunch	\$5.50
	Fresh Sandwich Bar	\$3.50
	Sandwich, fruit or Veggies and drink	\$5.50

Menus will be posted a week in advance

Fridays	Pizza	Prices TBA
	Hot Dogs	
	Slushes	
	Poutine	

Health Hut

Will open for lunch and breakfast

Breakfast	Smoothies	\$3.00
	Toast	2/\$1.00
	Cereal	\$1.00 per bowl
	Yogurt	\$1.00

Lunch items will be provided by "Lunch Box Gourmet"
Pre made sandwiches, wraps, fruit, vegetables and milk - Prices TBA

WORLD TEACHERS' DAY

OCTOBER 5, 2009

Medicine Hat Catholic Teachers

Committed to Excellence
in Education through:

Leadership

Professionalism

Collegiality

Megan Sreedhar, Art 30-AP, McCoy

Home & School...a partnership for success

At school, teachers play a key role in communicating with your child; what they need to know and what is expected in their learning. Parents, you can help reinforce this at home by showing an interest in your child's learning.

What can you do as a parent to be part of something great?

Talk to them about their school experiences and discuss what they are learning.

Let your child describe what is fun to learn and what is challenging or confusing.

Understanding...be a part of something great!

McCoy Student Council would like to thank the following for their support in making Red Day 2009 Successful:

- ◆ M & M Meats
- ◆ Medicine Hat Fire Fighters
- ◆ Icy Mountain Water Co Ltd
- ◆ Central Neighborhood Hub
- ◆ Medicine Hat Skateboard association
- ◆ Notre Dame School



Thanks

MONTH AT A GLANCE

St. Patrick's Parish Events

238-2nd Ave N.E. Medicine Hat, AB T1A 6A1 Phone: 526-2265 Fax: 526-0058 e-mail: stpatsch@telusplanet.net

WEBSITE: www.stpatschurch.info/

October 2009

Date/Time	Event/Details	Location/Cost	Contact
Oct 3 9 – 11 am	Baptism Preparation Class Call the Parish office to register	St Patrick's Parish Hall	403-526-2265 Parish Office
Oct 4 9 – 10:45 am	St. Pat's Café opens	St. Patrick's Parish Hall	
Oct 4 12:00 nn (after 11:00 am Mass)	Sacrament Registration 1 st Communion & 1 st Reconciliation	St. Patrick's Parish Hall	403-526-8538 – Cathy Smith
Oct 5 7:00 pm	Confirmation Registration	St. Patrick's Parish Hall	403-526-8538 – Cathy Smith
Oct 6 7:00 pm	CWL Meeting	St. Patrick's Parish Hall	403-504-8097 – Candy Neumann
Oct 6, 13, 20, 27 5pm	SVDP meeting	Holy Family	403-526-2265 – Parish Office.
Oct 6, 13, 20, 27 9-12n	Quilting	St. Patrick's Parish Hall	403-527-3884 – Mary Ottenbreit 403-526-0408 – Cathy van der Heiden
Oct 7, 14, 21, 28 10am	Legion of Mary	St. Patrick's Parish Hall	403-527-2077 – Helen van der Sloot
Oct 7, 14, 21, 28 7 pm	Choir Practice	St. Patrick's Church	403-528-9696 – Gerry Getz
Oct 4, 18 6:00pm Mass	Mass in Latin – Confessions ½ hr before Mass	St. Patrick's Church	403-527-2077 – Helen van der Sloot
Oct 5 7pm	Parish Council Meeting	Staff Room	
Oct 13 7:00pm	Knights of Columbus meeting	St. Patrick's Parish Hall	403-504-8097 – Jeff Neumann
Oct 13, 27 @ 2pm Oct 14, 28 @ 2pm	Masses in Senior homes Note: No services at other times! Teeoda Riverview Lodge		
Oct 4, 11, 18, 25 11am Mass	Sunday Children's Liturgy (4-6 years)	St. Patrick's Parish hall	403-487-0030 – Lisa Lyczewski
Oct 11 1:00 pm	Baptisms	St. Patrick's Church	
Oct 15 6:30pm	Rosary & Benediction	St. Patrick's Church	
Oct 16 5:30 pm	Unisphere World Food Day	Parish Hall	
Oct 21 2pm	St. Joseph's Auxiliary meeting	St. Joseph's Home	
Oct 7, 14, 21, 28 7-9 pm	24 Session Bible Study	St. Patrick's Parish Hall	403-526-8538 – Cathy Smith
Oct 21 Oct 22, 23, 24 9:00 am	CWL Clothing Sale Drop off CWL Clothing Sale	St. Patrick's Parish Hall	403- 504-8097 – Candy Neumann
Oct 25 11:00 am	St. Michael's School sings at 11:00 mass	St. Patrick's Church	
Oct 27 7:00 pm	CWL Executive Meeting	St. Patrick's Parish Hall	403-504-8097 – Candy Neumann

Thanksgiving Monday October 12, 2009

The Parish Office will be closed

Gratitude implies a certain degree of humility. To say thank you is to admit that we cannot always manage on our own. There is always something for which to be thankful - even if it is only the grace of having made it through another day. Let us give thanks to the Lord.

LOOKING AHEAD

Nov 1	All Saints Day		
Nov 2	All Souls Day		
Nov 11	Remembrance Day		
Nov 29	1 st Sunday of Advent		

PARISH TEAM

Parish Pastoral Council		Liturgy Committee		
PPC Chairperson PPC Secretary Sacramental Co-ordinator Liturgy Ecumenical Redcliff Representative	Garth Vallely Cathy Smith Cathy Smith Fr. John Gerry McKee Ernie Reimer	Sacristan /Arts & Environment Lectors (Readers) Gift Bearers, Altar Servers, Extra-Ordinary Eucharist Ministers Greeters & Hospitality Children's Liturgy (God-Time) Music Director Ushers RCIA	Sharon Reimer Bev Botter Blanka Kastning Fr. John / Fr. Gilles Marie Gallagher West Lisa Lyczewski Gerry Getz Adam Derzaph Call the office for information	
Custodian(s)	Romain / Pat Maes	Finance Committee	Denis Lefebvre George Bleile	Mario Pisoni Darlene Schuster Adam Andrews
	Maintenance Committee	Adam Derzaph Maryanne Vallely Kasper Weimer	Ron Weisgerber Murray Bitz Tom Brilz	
Baptisms	Held in the church, the 2 nd Sunday of each month at 1pm The next Baptism in the church is October 11 at 1pm in the church. Next Baptism Preparation Class: Oct 3 in the Parish hall from 9am-11am. Call the office to register!			
Sacrament of Marriage	Contact the Parish Office at least six months prior to the intended date of the wedding. A marriage preparation course is required.			



Be Thankful

Be thankful that you don't already have everything you desire.

If you did, what would there be to look forward to?

Be thankful when you don't know something, for it gives you the opportunity to learn.

Be thankful for the difficult times. During those times you grow.

Be thankful for limitations, because they give you opportunities for improvement.

Be thankful for each new challenge because it will build your strength and character.

Be thankful for your mistakes. They will teach you valuable lessons.

Be thankful when you're tired and weary because it means you've made a difference. It's easy to be thankful for the good things.

A life of rich fulfillment comes to those who are also thankful for the setbacks.

Gratitude can turn a negative into a positive.

Find a way to **be thankful** for your troubles, and they can become your blessings.



MEDICINE HAT COLLEGE

Basic High School Drop-in

for junior and senior high school students

Mondays and Wednesdays
(until the end of June, except holidays)

4:00pm to 6:00pm

Medicine Hat College
Room B307
3rd Floor above library

FREE of Charge!!

The Medicine Hat College offers homework help in core subjects including Math, Chemistry, Biology, Science, Social Studies, English Language Arts, Physics and Study Skills.

For more information contact

Nikki Steadnik
(403)502-8431
nsteadnik@mvhc.ab.ca

Holy Family Parish



Weekend Mass Times

Saturday – 5:00 pm
 Sunday – 8:30am - 10:30am - 6:00pm

1451 Strachan Road S.E.
 Medicine Hat, AB. – T1B 4V3
 PH: (403)527-6933 – Fax: (403) 526-2482

www.holyfamilymh.ca

THANKSGIVING PRAYER

Friday, October 9th

Mass will be followed by a day of
 “Thanksgiving Prayer”.

Adoration of the Blessed Sacrament will be begin after
 Mass, continued throughout the day concluding with
 Holy Hour and Benediction from 7:00 – 8:00pm

All Souls Day Memorial Mass

for the Faithfully Departed

Monday, November 2nd

7:00pm

NATURAL FAMILY PLANNING
 Information session

Saturday, Oct. 17 from 11:00AM to 1:00PM.

Refreshments and child care will be provided.

Please RSVP the parish office at (403) 527- 6933
 or contact@holyfamilymh.ca by Wednesday, Oct. 14.
 For more information please visit www.womb.ca

PARISH EVENTS

Oct.6 – Oct.8

No Mass in the parish. The priests
 will be attending Clergy Study Days.

October 6 – Tuesday

The Living Rosary will be held in the
 church at 7:00pm

October 9 – Friday

Adoration of the Blessed Sacrament
 will be held after 9:00am Mass
 concluding with Holy Hour and
 Benediction at 7:00pm

October 17 – Saturday

Natural Family Planning information
 session from 11:00am to 1:00pm.

October 30 – Friday

A Family Halloween Costume
 Dance will be held in the parish hall.

November 1 – Sunday

The Parish Fall Supper will be held
 in the parish hall.

SACRAMENTAL PREPARATION

First Reconciliation – 2009

- Blessing for all candidates – Weekend Masses – Oct. 3 & 4
- 2nd Candidate/Parent meeting – Oct. 25 or Oct.26

Forms, schedules and information

for First Communion & Confirmation, are available at the
 Parish office, church greeting area and on website.

Sacraments registration information

is posted on the Parish bulletin board at the schools

Contact / Information – Ellen Baiton

Parish office (527-6933)

ellenb@holyfamilymh.ca

RCIA (Rite of Christian Initiation of Adults)

Welcomes all

- Adults baptized Catholics requiring First Eucharist and Confirmation.
- Baptized (non-Catholic) and unbaptized adults wishing to inquire into our faith.
- Any interested Catholics wishing to update and learn more about our faith.

For more information on this spiritual journey

Contact Karen 403-526-7210

Marriage & Baptism – both of these Sacraments require some
 preparation. Contact the parish office for more information.

FOR MORE INFORMATION REGARDING EVENTS AT THE PARISH – CHECK OUT OUR WEBSITE



Get hired for the Christmas season!

CUSTOMER SERVICE WORKSHOP

- Great addition to your resume
- Customer service “wow” approaches
- 13 ways to be a valued employee
- How to maximize your effectiveness
- How to become a solution seeker & enhance people skills

Offering free afternoon and evening workshops

Wednesday October 14 1:00 PM	Wednesday October 21 6:00 PM	Thursday November 5 6:00 PM
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Workshop location is at:
YouthWORKS! employment centre
770-1st ST SE
for more information or to register call
403.529.4733
www.ymca-medicinehat.org

*Other services available

- ◆ Resume and Cover Letter Development
- ◆ Effective Work Search
- ◆ Interview Preparation
- ◆ Job Boards



Do you have empty bottles cluttering up your garage or shed?

the McCoy Girls Basketball teams have an account set up at REDI for anyone wishing to donate the proceeds from their bottle return.

Grad Rings - Richardson's Jewelry will be at McCoy during the lunch hour on October 28th to display rings to our Grads. They will set up in the front foyer.



Band Room News

Welcome back to all grade 10, 11, and 12 students & parents and welcome to all new grade 9 students and parents. Band information will be placed on the school website so please check the web for information periodically.

On Thursday, October 22, 2009 we will be having a representative from The Bandstand come to McCoy High School from 6:00 - 7:00 p.m. introducing instruments that parents may wish to purchase as well as the different purchasing options. We will be inviting parents from Notre Dame and St. Mary's to attend as well. Please RSVP to Mr. Weisgerber so that he can let the representative know to bring the appropriate instruments to the meeting.

pat.weisgerber@mhcbce.ab.ca

- Thursday October 22 from 7:00 p.m. to 8:00 p.m. will be a Band Parents' meeting for all Grade 9-12 students. This meeting will go over approval of this years band trip to Edmonton for the grade 10-12 students as well as discussion of the future of trips for the band program and fundraising. We will need to replace \$50,000.00 of revenue that will no longer be available due to bingo removal. Please try to attend as your input is greatly appreciated and needed.
- Practice sheets will now be due for all students. Students are to hand in practice sheets bi-weekly. They are available in the band room and from the internet as well.
- Concert dress for all students is black pants, and a white shirt. Grade 10 - 12 students are supplied with a uniform (shirt and tie) from the Band Parents Association.

Please find below the practice schedule for grade 10-12 concert band. Students who are not able to make the rehearsal need to fill in a practice sheet before the next schedule rehearsal in order to receive credit for the time missed.

Rehearsal schedule McCoy High School Bands Grades 10-12

September/October/November 2009

Band	Concert Band
Date	Wednesday, September 23
Date	Tuesday, September 29
Date	Wednesday, October 7
Date	Tuesday, October 13
Date	Wednesday, October 21
Date	Tuesday, October 27
Date	Wednesday, November 4
Date	Tuesday, November 10
Date	Wednesday, November 18
Date	Tuesday, November 24

- The Band Parents Association would like to sincerely thank Byron Martin and Linda Brilz our graduating executive for their years of dedication to the Band Parents Association.

The McCoy Band Parents' Association for 2009-10 were elected as follows:

President – Gerald Bodnaruk
Vice President – Howard Snodgrass
Secretary – Angela Turner
Treasurer – Janice Eckert

2009-2010 committees are as follows: Social Committee - Sheila Klaudt and Ron Buscholl, Phoning Committee - Bonnie Taylor and Linda Krochack, Uniform Committee – Helen Brown and Steve Gloin, Fundraising committee - Larry Horeczy and Helen Brown.

Thank you to these parents for volunteering their time for the band program!

- The Band Parents Association amended the McCoy band parents bylaws. A copy is available on the McCoy Web page.
- The McCoy Band Parents Association have an account set up at Shamrock Bottle Depot, if anyone would like to kindly donate their empties, when they take them in, please let the staff know to credit it to McCoy Band.

We have Bingos until March of this year. The dates for this year are Fri Oct. 16 (evening) Sun. Nov. 15 (evening) Sun. Dec. 13 (evening) Sun. Dec. 27 (afternoon). Reminder that this will be the last year to work bingos.

Grade 10-12 parents please contact Cabrini Hurst at 403-527-6298 to sign up for your bingo's

Thank you for all of your input, if you have any questions or concerns please do not hesitate to contact Mr. Weisgerber @ 403-527-8181, or pat.weisgerber@mhcbce.ab.ca .

Credit Completion Scholarship & Work Experience Bonus

Students can now earn **either** the **Credit Completion Scholarship** or the **Work Experience Bonus**

What is the Credit Completion Scholarship?

Students will be rewarded for their hard work based on how many credits they earn, be it in the academics, the off campus programs, or a combination of both.

Students who work toward the Credit Completion Scholarship will be awarded the following money:

120-124 credits - \$100

125-129 credits - \$200

130-134 credits - \$300

135-139 credits - \$400

140 or more credits - \$500

Please note that students may use as many work experience/rap/ or PFO credits as needed to earn any of the above Credit Completion scholarships.

What is the Work Experience Bonus Scholarship?

Students can still access the Work Experience Bonus which is based **not** on how many credits you earn, but rather specifically how many work experience credits you earn. Students can earn the following money:

20 credits of Work Experience- \$100

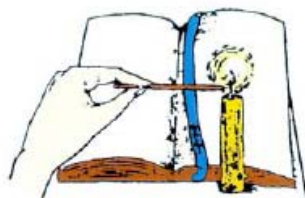
25 credits of Work Experience - \$300

30 credits of Work Experience - \$500

Students can qualify for one or the other, but not both. We believe that by offering both of these scholarships, we are providing a financial incentive to all of the students.

Credit Completion Criteria- Please read carefully.

When credits are added for the three years, only courses completed through McCoy High School or McCoy ADLC are awarded full credit value. Cyber school credits are awarded one third value for financial incentive. (McCoy receives one third funding for cyber school) ***Students who complete courses at another school other than the ones listed above cannot use those credits for this scholarship. McCoy receives funding only for credits completed through McCoy or cyber school affiliates. Pro-ration can occur. See Mrs. Jobb.***



**Medicine Hat
Catholic Board of Education**

1251 – 1st Avenue SW., Medicine Hat, Alberta T1A 8B4

Fax (403) 529-0917

www.mhcbe.ab.ca

Telephone (403) 527-2292

PANDEMIC (H1N1) 2009 - PUBLIC NOTICE#3

Release Date: September 2009

Dear Parents & Guardians of students in Medicine Hat & Bow Island Catholic Schools:

Alberta Health & Wellness and Alberta Health Services have advised the flu virus is now referred to as **Pandemic (H1N1) 2009**.

We wish to inform you that our School Division is continuing to concentrate on **prevention** and **preparedness**. Be assured we are practicing due diligence by following best practices in the cleaning of our schools and school buildings to prevent the spread of germs. Our primary responsibility is to inform, promote and model infection control practices.

This is what we are doing:

- **Concentrated cleaning** & disinfecting of high traffic & frequent contact areas such as door handles; push/pull plates; light switches, water fountains, computer keyboards etc.;
- **Reminders to staff & students to wash their hands** frequently with soap & water;
- Washroom and classroom sinks are equipped with ample supplies of **soap & paper supplies**;
- **Posters** promoting Hand Washing and Covering Coughs are in visible areas in the schools;
- Portable **Hand Sanitizing Stations** are being installed in schools in high traffic areas.

As recommended by Alberta Health and Wellness and Alberta Health Services, we encourage staff, students and parents to practice **Respiratory Etiquette Protocol** as follows:

- Keep **children who are sick at home**. Don't send them to school;
- **Teach your children to wash their hands frequently** with soap and water. **Be sure to set a good example** by doing this yourself;
- **Teach your children to cover coughs** and sneezes with a tissue or a sleeve and by coughing and sneezing into the inside of your elbow. **Be sure to set a good example** by doing this yourself, don't cough or sneeze onto your hands;
- **People who are sick should stay home until they are feeling better** and should avoid other people until they are better.

Attached to this letter is a recent publication titled: Pandemic (H1N1) 2009 Common Questions.

We will continue to communicate through our Division website @ www.mhcbe.ab.ca; and by sending notes home with your child.

Other Links:

- Alberta Health Services
<http://www.albertahealthservices.ca/658.asp>

www.fightflu.ca

Thank you. Mr. David Leahy, Superintendent of Schools (403) 527-2292

(Attachment): Pandemic H1N1 2009 Common Questions published by the Government of Alberta

Pandemic (H1N1) 2009 COMMON QUESTIONS

- **What is Pandemic (H1N1) 2009 influenza?**
 - A respiratory virus that can spread from person-to-person when an infected person coughs, sneezes or talks. People can also become infected by touching contaminated surfaces and then touching their own mouth, nose or eyes before washing their hands.
- **What can I do to protect myself and my family from Pandemic (H1N1) influenza?**
 - Hand washing with soap and warm water is one of the most effective ways to stop the spread of infection. Or, use an alcohol-based hand sanitizer. Wash hands:
 - before touching your eyes, nose or mouth.
 - before you eat or serve food
 - before you brush your teeth
 - after you are near a person with influenza
 - after you cough, sneeze or blow your nose
 - Plan to get immunized.
- **If I am sick how can I help stop the spread of infection?**
 - Cover your coughs and sneezes with your arm, not your hand.
 - Wash hands frequently with soap and water, or use an alcohol-based hand sanitizer.
 - Stay home and call your health provider or *Health Link Alberta* for advice toll-free 1-866-408-5465 or go online to healthlinkalberta.ca
- **What are the symptoms of Pandemic (H1N1) 2009 influenza?**

As with seasonal influenza, the symptoms include fever, tiredness, coughing, and sore throat. Some people with Pandemic (H1N1) 2009 influenza have also reported vomiting and diarrhea. Most people recover from influenza in about a week.
- **What should I do if I have the symptoms of Pandemic (H1N1) 2009 influenza?**
 - Stay home and rest.
 - Avoid contact with other people.
 - If your symptoms are getting worse or you are not recovering, call Health Link Alberta 1-866-408-LINK (5465) for advice or your doctor for an appointment.
 - If your symptoms become severe, go to an emergency centre right away.
 - Pandemic (H1N1) 2009 influenza can lead to complications for some people, especially young children, pregnant women and people who have health problems. Pregnant women should speak to a medical professional if they develop influenza symptoms, and seek immediate medical care if the symptoms worsen.

August 12, 2009

**Government
of Alberta** ■

Pandemic (H1N1) 2009 QUICK FACTS

- **Why is it important to get immunized against influenza?**

Immunization is our best defence against becoming ill and also helps prevent spread of influenza to others, especially people at risk of complications. It will be very important for people to get two immunizations: one to protect against Pandemic (H1N1) 2009 influenza **and** one to protect against seasonal influenza.
- **Where are immunizations available?**

Alberta Health Services will offer free seasonal influenza and Pandemic (H1N1) 2009 immunizations to all eligible Albertans at various locations across the province beginning in fall 2009. Location details will be announced when finalized.
- **Where can I get more information or advice about influenza?**
 - www.healthlinkalberta.ca
 - www.health.alberta.ca/health-info/influenza-self-care.html
 - Call Health Link Alberta toll-free: 1-866-408-5465
 - www.fightflu.ca
- **We're prepared**

The Government of Alberta has been [preparing](#) the health system and the province for an influenza pandemic since 1999. [Alberta's Plan for Pandemic Influenza](#) will direct activities of the Government of Alberta, Alberta Health Services and other key groups to ensure a coordinated response to pandemic influenza.
- **More Information**

Alberta Health and Wellness is collaborating with Alberta Health Services, the Public Health Agency of Canada (PHAC) and other provinces and territories to coordinate its response to Pandemic (H1N1) 2009 influenza. For more information visit:

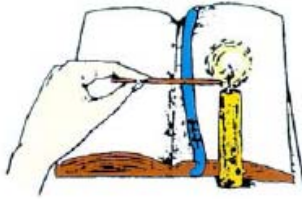
Alberta Health and Wellness:
www.health.alberta.ca

Alberta Health Services:
www.albertahealthservices.ca

Public Health Agency of Canada:
www.phac-aspc.gc.ca

August 12, 2009

**Government
of Alberta** ■



***Medicine Hat
Catholic Board of Education***

1251 – 1st Avenue SW., Medicine Hat, Alberta T1A 8B4

Fax (403) 529-0917

www.mhcbe.ab.ca

Telephone (403) 527-2292

PANDEMIC (H1N1) 2009 - PUBLIC NOTICE#4

Release Date: October 01, 2009

It is our responsibility to communicate the Signs & Symptoms of Influenza-like Illness (ILI):

- Sudden onset of new cough or change in existing cough, plus 1 or more of the following:
- Fever
- Sore Throat
- Joint Pain
- Muscle Aches
- Severe Exhaustion
- Some cases may also have symptoms of diarrhea, nausea and/or vomiting
- Few cases progress to severe respiratory illness (SRI)

Criteria for returning to Work or School:

Alberta Health & Wellness and Alberta Health Services; is strongly encouraging everyone with ***Influenza-like Illness (ILI)*** to stay at home until they are:

1. Symptom Free
2. Feeling Well
3. Able to resume regular activity

We appreciate your cooperation in following these guidelines before returning to work or school.

Additional information about Pandemic (H1N1) 2009 is available from the following websites:

- Health Canada- <http://www.hc-sc.gc.ca/index-eng.php>
- Alberta Health and Wellness- <http://www.health.alberta.ca/>
- Alberta Health Services- <http://www.albertahealthservices.ca/>
- Public Health Agency of Canada- <http://www.phac-aspc.gc.ca/index-eng.php>

Thank you. Mr. David Leahy, Superintendent of Schools (403) 527-2292

McCoy Colts Sports

Sr. Girls VB Team Jr. Girls VB Team JV Girls VB Team Jr. Boys VB Team Sr. Boys VB Team

Cierra Matsalla
Kasia Babyn
Nicole Schiebelbein
Megan Grimm
Courtney Miller
Kortni Lanz
Shelbie McCrea
Nicole Lutz
Mariah Lutz
Raelee Barth
Stephanie Cote
Mikayla Fritzke

Coach: Mr. Doug Grimm
Assistant Coach:
Mrs. Babyn

Jenna Hoffart
Ali McFadyen
Madison Pahl
Morgan Tangen
Morgan Barth
Brooklyn Folk
Alexi Nelson
Courtney Rozdeba
Tori Johnson
Dakota Schacher
Laurel Beatty

Coaches:
Miss Jenn Wiedemann
&
Mrs. Krista Johnson

Sydney Rissling
Ali Dooley
Marni MacKay
Courtney Okrainec
Shylo-Dawn Gjerlaug
Jessica Kuntz
Miranda deSouza
Skylar Valkenburg
Rielle Dion
Raelee Barth
Stephanie Cote

Coach:
Mr. Garrett Flaig

Sean Hanson
Logan Hailwood
Matthew Finlay
Josh Chernick
Kyle Munro
Wyatt Sehn
Tanner Schmaltz
Lyndon Stehr

Coach:
Mr. Cody Buye

Shaun Bennett
Nathanael Bohnet
Kris Dworschak
Anthony Hurst
Kade Kopec
Rabi Kumaraswamy
Kevin Leahy
Tyson Niwa
Tye Opalinski
Joel Snodgrass

Coaches:
Brendan Lutz
&
Justin Freitag



McCoy Colts Football

Tim Carroll
Brendan Morgan
Gabe Schmidt
Patrick Leahy
Kyle Shorey
Marc Dalton
Keegan Getz
Dallas Flug
Taylor Phillips
Zachary Getz
Curtis Jenkins
Jimmy Martinez

Kody Ulmer
Kolia Auva'a
Kyle Beisel
Shylo Manz
Jaydon Eresman
Justin Studer
Jonathan Roche
Stephen Ponto
Adrian Szola
Dallas Mancheese
Miguel Morales

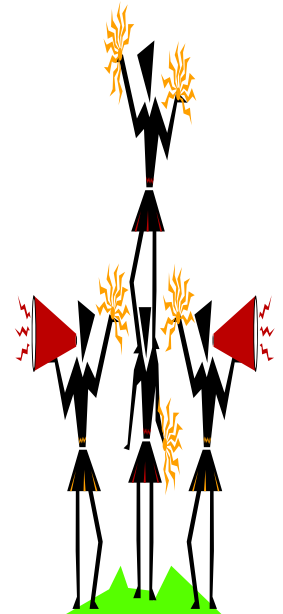
Coaches:
Mr. Paul Schlosser
&
Nick Gale

McCoy Cheer Team

Marilyn Mudri
Madison Pahl
Aubrienne Pudwell
Cassie Risling
Tamara Smith
Nicole Speltz
Nikki Stuart
Megan Thompson

Randa Aldred
Danielle Baiton
Kenzie Belak
Wynter Beaudin
Sarah Bitz
Krystal Chin
Jessica Eresman
Kim McNulty

Coach:
Mrs. Natalie Bueckert
Ana Schlosser
Geraldyn Rath
Shauna Pahl



School Busses - Totem Transportation provides transportation for students to and from school. Parents/guardians may contact Totem at 527-6986 or www.totemtransportation.com for pick up times and locations or any other concerns.

Locks & Lockers -

Please make sure that you are using the locker that is assigned to you. If you have lost or misplaced your lock, you may purchase another lock from the school office. Used locks cost \$5.00 & new locks cost \$10.00. These locks are owned by the student and must be kept throughout their high school career. **School Issued locks are mandatory!**



BOARD BULLETIN

September 08, 2009 - Medicine Hat Catholic Board of Education

Our Motto:

"Showing the face of Christ to all."



CORPORATE COMMUNICATIONS – Authorization has been received from Alberta Education to offer the Locally Developed Religious Education Courses 15/25/35 for three & five credits; the authorization is from September 01, 2009 to August 31, 2010. - Alberta Infrastructure has approved 6 Modulares for our Division:

- Two Child Care Modulares for St. Mary's School
- Two Modulares for St. Michael's School Medicine Hat
- Two Modulares for St. Patrick's School.

The timeline for the modulares is the Spring of 2010.

AUDIT – Meyers, Norris, Penny Accounting Firm was in attendance to present the Audit Engagement Letter to the Board. The following motion was passed unanimously: *THAT the Board proceeds with the arrangements for the audit as set out in the engagement letter.* A copy of the Audit Engagement Letter is available on the division website as an enclosure to the Sept. 08, 2009 Board Agenda.

<http://www.mhcb.e.ab.ca/cec/BoardMeetings/Agendas/2009-2010/Public%20Agenda%20September%2008,%202009%20with%20Enclosures.pdf>

RELIGIOUS EDUCATION SUPPORT TEACHER – Mr. Guy Lanigan was introduced as the (part-time) Religious Education Support Teacher for this school year. Mr. Lanigan presented an overview of the 2009 Staff Faith Development Day with the theme: *Always and Everywhere...We are Called To: Model Christ, Pray and Serve and Build a Community of Faith.* This Professional Development opportunity was attended by all division staff and the feedback from the day was rewarding and very positive. The guest speaker was Mr. Cris Bouvette, a former student and a graduate from McCoy High School, currently in his fifth year in the Seminarian. His testimony was profound; he truly is a man with a message and the Division thanks Cris for sharing his experience and telling his story.

SUPERINTENDENT EVALUATION – The Board has completed their evaluation of the Superintendent of Schools, Mr. David Leahy, the survey results were positive. The Board expressed their confidence in Mr. Leahy's leadership style, his ability to build relationships with staff and parents and his dedication to working toward the goals of the Division.

BOARD WORK PLAN 2009 – 2010 - The Board unanimously approved the 2009 – 2010 Board Work Plan including meeting with our MLA's on Nov. 13, 2009. The Plan can be found @ <http://www.mhcb.e.ab.ca/cec/BoardMeetings/BoardWorkPlan2009-2010.pdf>

BILL 44–HUMAN RIGHTS, CITIZENSHIP, MULTICULTURALISM AMENDMENT ACT 2009 – Bill 44 recommendations were received from the Alberta Catholic School Trustees Association, however, Bill 44 has yet to be proclaimed as legislation. For now, the Board will not issue any statement regarding Bill 44 and will not modify any practices. Administration did note that currently parents and guardians of students that are non-resident are required to complete the **Application for Admission for Non-Resident Students** as outlined in Administrative Procedure 301.

BUDGET – The Board discussed the recent announcement from the Government of Alberta regarding the financial pressures. The Minister of Education announced the government plan is to do an *In-Year Fiscal Correction*. For our Division, the in-year fiscal correction meant a loss of \$56,489.

SUPERINTENDENT'S REPORT

- **Administrative Procedure 414 – Employee Recognition** was reviewed; with recommendations to create more opportunities to recognize employee service.
- Administration will present the Board with a **Field Trip Administrative Procedure** that clearly outlines notification to the Superintendent for field trips greater than 200 km.

CATHOLIC EDUCATION SUNDAY - NOV 01, 2009

- Bishop Frederick Henry announced that a *second collection* will be made on *Catholic Education Sunday, Nov. 01, 2009*; with proceeds to the Medicine Hat Catholic Board of Education; St. Mary's University College in Calgary and St. Joseph's Seminary in Edmonton.
- **H1N1** – The most recent information from Alberta Health Services and Alberta Health and Wellness is posted on the division website and will be circulated in the Oct School Newsletters.
- Administration is pleased with the participation and interest from certificated staff that have enrolled in the *Mentorship Program for School Based Administrators*, the *Leadership Development Program for Leaders in Schools* and the *Teacher Mentorship Program*; all programs support instructional leadership.

STUDENT SERVICES – We are a partner in the Social Sector Planning Initiative for our region; comprised of representatives from Education, Health, Child & Family Services and the Judicial System; this initiative will better provide coordinated support to students and their families.

TRANSPORTATION – We transport 1,078 students on 18 busses daily; however, given the growth of the city, the expansion of our boundaries and the complexity in transporting students to specialized programming, the Board may need to consider adding additional busses; administration noted that the cost of one additional bus is approximately \$40,000.

REGULARLY SCHEDULED BOARD MEETING DATE CHANGE FOR OCTOBER 2009 – The Board unanimously approved changing the date of the October 13, 2009 regularly scheduled Board meeting in order to accommodate Trustees & Senior Administration attending the Bishop's Dinner. The next regularly scheduled meeting is **September 29, 2009**. There will be no regular meeting in October 2009.

YOUR CATHOLIC TAXES-DECLARE YOUR SUPPORT

The Medicine Hat Catholic Board of Education reminds you of the importance of declaring your **PROPERTY TAXES** in support of Catholic Education. To ensure your property taxes are supporting Catholic schools, you must declare your Catholic school support as "Separate" on your annual property assessment notice. Taxes that are not declared are defaulted to the public school district. Please contact the City, the Town or Municipal Office in your area. Changes made on or before Dec 31 will be in effect for the next taxation year.
Thank you for your support of Catholic education.

ELECTION 2010

A Municipal election will be held on **October 18, 2010** in Alberta. We invite our Catholic community to consider running for Catholic School Board Trustee. Trusteeship is a unique vocation which serves the Church and the community. You will play an integral part in ensuring that Christ is at the heart of every Catholic school in Medicine Hat and Bow Island. You are fully supported by the Alberta Catholic School Trustees Association, to assist you in providing exceptional service to the Catholic community. Please contact the Catholic School Board Office @ (403) 527-2292 for more information.

*The Next Regularly Scheduled Catholic School Board Meeting:
September 29, 2009 @ 6:00 pm @ the Catholic School Board Office @
1251 – 1st Avenue SW., Medicine Hat. The public is welcome to attend.


*CSC is a child development centre and community resource
assisting children with special needs to reach their full potential*

Medicine Hat Catholic Board of Education is proud to host a series of professional development topics relating to engaging children with special needs. In cooperation with AISI, we will be hosting all 14 of these video conference sessions in the Central Office Board Room free of charge.

CSC-Professional Development Series

Who: Parents, educators, learning assistants and those working with children preschool to grade 5

When: 4:00 p.m. - 6:00p.m.

Where: MHCBE - CEC Board Room



Topics Include:

- (Oct. 5) Facilitating Friendships - Learn strategies to help children with special needs achieve greater social inclusion within their classroom and school community.
- (Oct. 19) Using Visuals with Children who have Autism - Learn how to incorporate a variety of visual strategies into the school setting and community to encourage communication.
- (Nov. 2) Understanding Sensory Integration Difficulties - Learn how sensory integration difficulties affect certain children in the classroom. Practical suggestions for helping these children cope in the school environment will be provided.
- (Nov. 16) Attention Deficit/Hyperactivity Disorder (AD/HD) - Learn how AD/HD impacts a child in the classroom. Strategies for managing behaviours and learning difficulties associated with AD/HD will be provided.
- (Nov. 30) Fine Motor Development - Learn how to facilitate fine motor development in preschool children in the classroom and during individual teaching (i.e., "pull-out") times.
- (Jan. 11) The Accessible Classroom - Learn how to use no tech, low tech and mid-tech augmentative communication and adaptive technology to help the children participate and perform the tasks required of young children in a pre-school or kindergarten setting.
- (Jan. 25) Behaviour Series: Part 1 - Determining the meaning of behaviour and how adult behaviour influences child behaviour.
- (Feb. 8) Behaviour Series: Part 2 - Learn how to take a proactive approach to behaviour.
- (Feb. 22) Behaviour Series: Part 3 - Learn reactive strategies for different child behaviours.
- (March 8) Behaviour Series: Part 4 - Learn how to identify how behaviour plays a part in various difficulties and disorders.
- (March 22) Anxiety Issues - This presentation will describe both normal childhood fears, and anxiety issues. Participants will receive strategies to address these difficulties.
- (April 12) Promoting the Development of Early Literacy Skills - Learn about the development of early literacy skills in preschool children and how to promote these skills when working with children individually.
- (April 26) Writing Social Scripts - Learn why, when and how to write social scripts. Opportunity to practice writing will be provided so bring your ideas.
- (May 10) Behaviour Strategies for Children with Autism - Learn about behaviour difficulties often seen in children with Autism. Strategies to encourage positive behaviour will be provided.

**Any questions or concerns can be directed to Central Office, Student Services
(403) 502-8365**



October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 ^{Day 1} Drama Trip to Calgary "Jake and the Kid"	2 ^{Day 2} Pep Rally Football & Volleyball Tailgate Party/ BBQ at McCoy	3 Leadership Retreat
4 Leadership Retreat	5 ^{Day 1} Grocery Cart Challenge	6 ^{Day 2}	7 ^{Day 1}	8 ^{Day 2} Thanksgiving Mass	9 PD Day No School	10
Cosmetology Fieldtrip		Cinderella Auditions 3-5 pm				
11	12 Thanksgiving Day No School	13 ^{Day 1}	14 ^{Day 2}	15 ^{Day 1}	16 ^{Day 2} Grocery Cart Challenge Ends Grads with Grocery Parade	17
			Progress Reports Sent Home			
18	19 ^{Day 1}	20 ^{Day 2}	21 ^{Day 1}	22 ^{Day 2} McCoy Band Parents Meeting	23 ^{Day 1}	24
25	26 ^{Day 2} Academic Awards Night 7pm	27 ^{Day 1} ELAA - Post Secondary Evening 7pm	28 ^{Day 2}	29 ^{Day 1}	30 ^{Day 2} Halloween Costume Contest Caramel Apples Teacher Grad Competition	31 Happy Halloween
			Parent/Teacher Interviews			